

Autumn 1: Friendships

Can you say what we will be learning about in our topic 'Pirates'?

By the end of this term, children should know:

- a range of feelings and suggest coping strategies to deal with them
- that their actions can impact others and how to respond to this
- emotional pain can impact upon us physically
- how and why we need to be cooperative
- how to identify and report bullying
- the importance of fairness, right and wrong and ways to encourage these attributes

Vocabulary

Feelings: emotional conditions such as happy, sad and angry

Fair and unfair: observing the rules so that people are treated equally or not observing the rules so peo- Encourage: help to develop and stimulate ple are not treated equally

Teasing: to annoy consistently, pester and torment

Bullying: consistent and persistent aggressive unwanted behaviour towards another person that is repeated over time

Quality: a characteristic, something that is special or different in a person.

Cope: manage or deal with something successfully

Physical: to do with the body

Cooperate: work helpfully with other people as part

of a team



Autumn 2: Celebrating differences

Can you say what we will be learning about in our topic 'Remember, Remember'

By the end of this term, children should know:

- people look different and that is normal
- people like different things and that is their right
- what their strengths are and that they should be proud of these
- everyone has the same rights and they should be celebrated as part of a multicultural and diverse society
- families look different but have equal status in society
- how to be tolerant of other people's views

Vocabulary

Different: things that are not the same

Similar: things that have some things is common and are nearly the same

Appearance: the way that something looks

Judge: form and give an opinion

Belief: something a person believes

Special: not ordinary or usual, ex-

ceptional

Unique: being the only one of its kind

Strength: an ability or good quality

Celebrated: something special or significant

Multicultural: made up of people of different races, religions and cultures

Diverse: varied, of several different kinds

Society: a community people living

together in a group or nation

Equal: be the same in amount, size or value

Tolerant: willing to accept or tolerate other people's behaviour and opinions even if you do not agree with them



Spring 1: Staying Safe-Hazard substances Can you say what we will be learning in our topic 'Great Fire of London?

By the end of this term, children should know:

- some basic rules for staying safe and what to do if they do not feel safe
- how to identify unsafe situations
- how to stay safe online and feel confident to ask for help with this
- what household items to avoid and recognise some hazard symbols
- the importance of following rules when it comes to staying safe and make some safety instructions for someone else to follow

Vocabulary

Safe: not dangerous

Prevent: stop something from

happening

Stored: keep things until they are

Lock it, Block it, Show it, Tell it: Keep your passwords locked and safe, block rude or nasty messages, show an adult something that

makes you feel upset, tell it is telling Instructions: an order or piece of an adult if you feel bullied

Online: on the internet

Situation: a state of affairs at a cer-

tain time

Substance: the main or essential

part of something

Symbol: a thing used as a sign

Hazard: a danger or risk



information

Spring 2: Healthy body, healthy mind Can you say what we will be learning in our topic 'Fire, Fire, Fire!'?

By the end of this term, children should know:

- some ways to stay healthy
- what personal hygiene is and some ways to maintain it
- what mental health is and that it is as important as physical health
- some ways to help themselves and others overcome negative feelings
- what self esteem is and how to focus on positive achievements as a way to improve their own self esteem

Vocabulary

healthy: being in good health

personal hygiene: keeping all parts of external body clean and in good condition to ensure good health

maintain: to keeping in an existing

state

mental health: how we think, feel and relate ourselves to others. Being able to keep our problems in perspective and cope with challenges

physical health: your body being
healthy and working efficiently

negative: not positive or helpful

positive: filled with confidence

self esteem: a confidence and

satisfaction in oneself

achievements: something that has

been achieved





Summer 2: Changes and growing up Can you say what we will be learning in our topic 'Mighty mini-beasts and Healthy Humans'?

By the end of this term, children should know:

- some basic differences between male and females and the scientifically correct names for male and female genitalia
- the difference between an appropriate and inappropriate touch and who to tell if they feel uncomfortable
- the physical changes and how they have become more independent since being a baby
- that they will experience new activities and challenges as they grow up
- that change is normal and name some coping strategies for change and loss

Vocabulary

penis: a male organ through which sperm land urine eaves the body

vulva: the parts of the female genitals that are outside of the body

vagina: a canal that leads from the uterus to the outside opening of the female sex organs

genitals: of or relating to the sexual organs

appropriate: especially suitable or fitting

inappropriate: not especially suitable or fitting

independence: free from outside control or support

change: to make our become

different

challenges: a stimulating task or

problem

strategy: a careful plan or method

coping: managing something difficult with success

loss: harm or distress from losing

something or someone

