

	Autumn 1 Unit 1: Personal	Autumn 2 Unit 2: Social	Spring 1 Unit 3: Cognitive	Spring 2 Unit 4: Creative	Summer 1 Unit 5: Physical	Summer 2 Unit 6: Health and Fitness
Outcomes	<ul style="list-style-type: none"> I know where I am with my learning and I have begun to challenge myself (Level 3) I try several times if at first I don't succeed and I ask for help when appropriate (Level 2) I can follow instructions, practise safely and work on simple tasks by myself (Level 1) I enjoy working on simple tasks with help (Pre-level 1) 	<ul style="list-style-type: none"> I show patience and support others, listening well to them about our work. I am happy to show and tell them about my ideas (Level 3) I can help praise and encourage others in their learning (Level 2) I can work sensibly with others, taking turns and sharing (Level 1) I can play with others and take turns and share with help (Pre-level 1) 	<ul style="list-style-type: none"> I can understand the simple tactics of attacking and defending. I can explain what I am doing well and I have begun to identify areas for improvement (Level 3) I can begin to order instructions, movements and skills. With help I can recognise similarities and differences in performance and I can explain why someone is working or performing well (Level 2) I can understand and follow simple rules and can name some things I am good at (Level 1) I can follow simple instructions (Pre-level 1) 	<ul style="list-style-type: none"> I can make up my own rules and versions of activities. I can respond differently to a variety of tasks or music and I can recognise similarities and differences in movements and expression (Level 3) I can begin to compare my movements and skills with those of others. I can select and link movements together to fit a theme (Level 2) I can explore and describe different movements (Level 1) I can observe and copy others (Pre-level 1) 	<ul style="list-style-type: none"> I can perform and repeat longer sequences with clear shapes and controlled movement. I can select and apply a range of skills with good control and consistency (Level 3) I can perform a range of skills with some control and consistency. I can perform a sequence of movements with some changes in level, direction or speed (Level 2) I can perform a single skill or movement with some control. I can perform a small range of skills and link two movements together (Level 1) I can move confidently in different ways (Pre-level 1) 	<ul style="list-style-type: none"> I can describe how and why my body feels during and after exercise. I can explain why we need to warm up and cool down (Level 3) I can say how my body feels before, during and after exercise. I use equipment appropriately and move and land safely (Level 2) I am aware of why exercise is important for good health (Level 1) I am aware of the changes to the way I feel when I exercise (Pre-level 1)
Year N		Real Foundations: Bike Real Gym – At home Shape	Real Foundations: Space and Jungle	Real Gym – Jungle Trip Travel	Real Foundations: Train and Fairytale	Real Foundations: Juggling Real Gym – Park Flight
Year R	The Birthday Bike Surprise Coordination: Footwork (FUNS Station 10) Pirate Pranks! Static Balance: One Leg (FUNS Station 1)	Journey to the Blue Planet Dynamic Balance to Agility: Jumping and Landing (FUNS Station 6) Monkey Business! Static Balance: Seated (FUNS Station 2)	Tilly the Train's Big Day Dynamic Balance: On a Line (FUNS Station 5) Thembi Walks the Tightrope Static Balance: Stance (FUNS Station 4)	Clowning Around! Coordination: Ball Skills (FUNS Station 9) Wendy's Water-ski Challenge Counter Balance: With a Partner (FUNS Station 7)	John and Jasmine Learn to Juggle Coordination: Sending and Receiving (FUNS Station 8) Ringo to the Rescue Agility: Reaction/Response (FUNS Station 12)	Sammy the Squirrel Agility: Ball Chasing (FUNS Station 11) Casper the Very Clever Cat Static Balance: Floor Work (FUNS Station 3)
	At home Real Gym – Shape		Jungle Trip Real Gym – Travel	Park Life Real Gym – Flight Rotation	Toy Box Real Gym – Rotation	Sports Day Games
		Dance linked to Topic	Real Dance – Circles		Real Dance – Circles	
Year 1	The Birthday Bike Surprise Coordination: Footwork (FUNS Station 10) Pirate Pranks! Static Balance: One Leg (FUNS Station 1)	Journey to the Blue Planet Dynamic Balance to Agility: Jumping and Landing (FUNS Station 6) Monkey Business! Static Balance: Seated (FUNS Station 2)	Tilly the Train's Big Day Dynamic Balance: On a Line (FUNS Station 5) Thembi Walks the Tightrope Static Balance: Stance (FUNS Station 4)	Clowning Around! Coordination: Ball Skills (FUNS Station 9) Wendy's Water-ski Challenge Counter Balance: With a Partner (FUNS Station 7)	John and Jasmine Learn to Juggle Coordination: Sending and Receiving (FUNS Station 8) Ringo to the Rescue Agility: Reaction/Response (FUNS Station 12)	Sammy the Squirrel Agility: Ball Chasing (FUNS Station 11) Casper the Very Clever Cat Static Balance: Floor Work (FUNS Station 3)
	At home Real Gym – Shape		Jungle Trip Real Gym – Travel	Park Life Real Gym – Flight Rotation	Toy Box Real Gym – Rotation	Sports Day Games
		Dance linked to Topic	Real Dance – Circles		Real Dance – Circles	
Year 2	Coordination: Footwork (FUNS Station 10) Static Balance: One Leg (FUNS Station 1)	Dynamic Balance to Agility: Jumping and Landing (FUNS Station 6) Static Balance: Seated (FUNS Station 2)	Dynamic Balance: On a Line (FUNS Station 5) Static Balance: Stance (FUNS Station 4)	Coordination: Ball Skills (FUNS Station 9) Counter Balance: With a Partner (FUNS Station 7)	Coordination: Sending and Receiving (FUNS Station 8) Agility: Reaction/Response (FUNS Station 12)	Agility: Ball Chasing (FUNS Station 11) Static Balance: Floor Work (FUNS Station 3)
	Toy Box Real Gym – Balance		Jungle Trip Real Gym – Travel	Park Life Real Gym – Flight	The Big City Real Gym – Rotation	Sports Day Games
		Dance linked to topic	Real Dance – Circles		Real Dance – Circles	