



## Fairisle Infant and Nursery School

Fairisle Road  
Lordshill  
Southampton  
SO16 8BY

Telephone: (023) 8073 1199

E-mail: [info@fairisle-inf.co.uk](mailto:info@fairisle-inf.co.uk)

Headteacher: Mrs S Ottens, B.Sc.(Hons), P.G.C.E, N.P.Q.H

28<sup>th</sup> September 2020

Dear Parents/Carers,



This year we are taking part in an exciting nationwide challenge to encourage more children and their families to walk to school during the 2020/2021 academic year. Our school will run it from **Monday 12<sup>th</sup> October to Friday 16<sup>th</sup> October.**

'The Five Day Walking Challenge' is being delivered by Living Streets, the UK charity for everyday walking who want to get as many children as possible experiencing the benefits walking to school brings. If your family already cycles or scoots to school, these will count towards earning a badge. Children will be awarded stickers and badges in class.

### **What are the benefits of walking to school?**

Walking to school helps children feel happier and healthier and even do better in class because they arrive refreshed, fit and ready to learn. More families walking means fewer cars on the road during the school run, helping to reduce congestion and pollution at the school gates.

### **What if we can't walk to school?**

If you live too far away or don't have time to walk the whole way to school, you can Park and Stride to earn your badge. Park or hop off public transport at least ten minutes away from the school and walk the rest of the way. Join us, thousands of schools and around one million pupils enjoying the benefits of walking to school across the UK. If you have any questions about the programme please visit <https://www.livingstreets.org.uk/wtsw>.

**Let's swap those school runs for school walks.**

Mrs Sumpter

(PSHE and RRS Co-ordinator)

