



## Fairisle Infant and Nursery School

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28<sup>th</sup> September 2020

Dear Parents/carers,

On **Friday 9<sup>th</sup> October** we are asking children to come into school dressed in something **yellow** in exchange for a **£1 donation** to the charity Young Minds. You do not need to buy anything new for your child, it can be something small like yellow socks or a t-shirt with yellow on it.

Lockdown is having a devastating effect on some young people's mental health. More children and young people than ever before are reaching out for help with their mental health. Young Minds is a UK based charity that provides support for children and young people and their families. Their aim is to promote good mental health to more children than ever before and to meet the needs of vulnerable and excluded children and young people. During the week we will be talking to your children about the work that Young Minds does to support children and young people as part of our PSHE curriculum.

We hope that you will join us in supporting this worthy cause. If you would like any further information then visit their website [www.youngminds.org.uk](http://www.youngminds.org.uk).

Mrs Sumpter

(PSHE and RRS Co-ordinator)

